# PACKING LIST

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## Camp Gear:

* Sleeping bag, extra blanket and pillow
* Foam pad or air mattress
* Camp chair
* Leak-proof Water bottle
* Dishes: reusable plastic dinner plate, bowl, fork, spoon, and cup
* Flashlight or head lamp and batteries
* Small, day backpack

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## Clothing:​

* Sun hat/baseball cap
* Sweater or sweatshirt
* Light jacket
* Rain shell or poncho
* Shirts, at least one long-sleeved
* Long pants, at least one pair
* Shorts
* Sleepwear
* Underclothing
* Socks
* Swimsuit
* Good walking/hiking shoes (for most activities)
* Closed-toed water shoes

## Other:

* Scriptures
* Journal/Notebook
* Pen/Pencil

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## Personal:

* Hand sanitizer, travel size to keep on person
* Toothbrush and toothpaste
* Wash cloth and bath towel
* Soap (in a container)
* Shampoo and conditioner
* Lip balm
* Sunscreen
* Insect repellent
* Medications
* Personal first aid kit
* Plastic bag for dirty laundry

## Optional:

* Pocket knife
* Compass
* Whistle
* Life vest

## Please Leave at Home:

Cell phone, iPod, iPad, MP3 players, other electronic devices